

The walls are up!

Kmart and Anytime Fitness under construction

Something for kids
New centre playgrounds

Spring Recipe

A healthy meal for breakfast, lunch or tea





YOUR NEW PLAY ZONES

With an emphasis on community areas, Manor Lakes Central will feature inventive new indoor and outdoor playgrounds.

The inside play area beside Kmart will have a park feel with tree cut outs, climbing mounds, interactive activities and a cubby house. A 'shoes off' zone and themed graphics on the carpet will encourage play beside low height seating and pram parking for parents.

The outdoor playground will be conveniently located near coffee shops and eateries and will feature a climbing wall, sandpits, play structures and park benches. It will be built from locally sourced natural and recycled objects to enhance the centre's physical environment, creating a community hub and picnic area for shoppers and local residents to enjoy. Children from the local community will also make their mark – students from Manor Lakes P-12 college are currently working on mural designs for the walls

The outdoor playground at the new Manor Lakes Central. All images are artist's impression only.



DON'T FORGET TO BRING YOUR OWN REUSABLE BAGS FROM NOVEMBER ONWARDS!

www.sustainability.vic.gov.au/PlasticBags

ASPARAGUS, PEA AND MINT FRITTATA MUFFINS A healthy spring recipe for any time of day

INGREDIENTS

- 2 tsp olive or canola oil
- 150 g slender asparagus, trimmed and cut into 2–3cm pieces
- 100 g frozen peas
- 4 spring onions, trimmed and thinly sliced
- 3-4 tbsp finely chopped fresh mint
- 6 large eggs
- 65 g feta, broken into small chunks

METHOD

Step 1

Preheat the oven to 200° C/fan 180° C and generously oil a deep, 6-hole muffin tin. Cut six pieces of non-stick baking paper (roughly 10 cm squared) and use to line the tins, leaving the excess peeking over the sides.

Step 2

Third-fill a large pan with water and bring to the boil. Add the asparagus and cook for 4 minutes. Add the peas and cook for 1 minute more. Drain the vegetables well and tip into a large bowl with the spring onions and mint.

Step 3

Beat the eggs in a separate bowl with a good pinch of sea salt and lots of ground black pepper.

Step 4

Divide the vegetables between the six muffin cases and top with the chunks of feta.

Step 5

Pour the egg over the vegetables then bake in the preheated oven for about 20 minutes, or until puffed up and light golden brown.



MAKING PROGRESS

Stage 2 of the Manor Lakes Central expansion has made considerable progress – construction of the Kmart and Anytime Fitness buildings are well underway!

The focus on site will soon shift to other retail and service providers. The team will begin laying foundations for the new mall area, including a major fruit and vegetable outlet and a further 23 specialty retailers.

It's worth noting that the centre will have more than great retailers — the expanded centre will also include a multifunctional community room. The community room will complement the existing Manor Lakes Community Learning Centre, providing a great facility for the local community and the Manor Lakes Central retailers.

So far, 36,720m³ of rock has been excavated — totalling a whopping 15,300 tonnes! The majority of this rock has been crushed for reuse.

INTERESTED IN BEING PART OF THE NEW MANOR LAKES CENTRAL?

If you would like to know more about leasing a space within the centre please contact either Ed Byrne or Mark Hallowell as listed below.



Leasing contact:

Ed Byrne 0411 279 773



Leasing contact:

Mark Hallowell 0437 859 264



NEW CENTRE FAST FACTS

- We have now poured 5,200m³
 of concrete! This consists of
 3,850m³ in structural footings
 and floor slabs plus 1,350m³ in
 external pavement.
- As of 1 August, there has been a total of 162 labourers working on site
- Kmart is scheduled to take 107 working days to build, 87 days for internal works and 70 days for fit out and finishing touches.
- 487 tonne of steel will be used in the development
- 36,720m³ of rock has now been excavated, weighing in at 15,300 tonne. We are crushing and storing the rock on site for reuse.

FEATURED RETAILERS & SPECIAL OFFERS

Valid from 12th October 2019 - 3rd November 2019



Manor Lakes Pharmacy Select has been servicing the local community for nearly 13 years!

Our friendly and experienced staff are always on hand and happy to assist customers with pharmaceutical needs, concerns and general necessities.

The range of products and services on offer include an access point to the NDSS (National Diabetes Service Scheme), prescriptions and advice, free blood pressure testing, vitamins, baby care and a wide variety of fragrances and gifts.

We look forward to meeting new faces and continuing to build great relationships within our growing community.

15% OFF FRAGRANCES & GIFT PRODUCTS

Present this voucher at Manor Lakes Pharmacy Select to claim the offer. Excludes catalogue & already discounted lines.



Owned and run by locals, Zest of India have been serving the community since 2012 with specially imported products from India, Pacific Islands, Bangladesh, Pakistan, Sri Lanka, and South Africa.

Inside you'll find everything from your favourite rasmalai and gulab jamun to eggless pastries and fresh sweets. They even stock over 50 varieties of rice!

More than just a door into the world of quality multicultural food, the store is a hub for cultural celebrations with henna art and special products sourced for festivals like Diwali and Eid.

Zest of India is making way for a bigger and better shopping experience in the redeveloped centre and will reopen as "FoodEase," an ethnic Indian sub-continental hub in March 2020.

In the meantime, you'll find the store in a temporary location by the Manor Lakes Boulevard car park.

10% OFF ALL FRESH SWEETS AND DESSERTS

Present this voucher at Zest of India t claim the offer. While stocks last.



WIN A GIFT PACK VALUED AT \$200!

Go in the draw to win a Hugo Boss men's gift pack (\$200 RRP) or a Marc Jacobs women's gift pack (\$200 RRP)



	Simply fill out the	below entry form and drop it in the entry barrel located inside Manor Lakes Pharmacy Select.	
1	Name		
	Address		
×			0
	Email		
	Phone No.		
	Sunday 3rd Nover	tions apply. The competition opens at 09:00am, Saturday 12th October 2019 and closes at 10:00pm, mber 2019. The random prize draw will be conducted at 12pm on Monday 4 November 2019. Inditions are available online at www.manorlakescentral.com.au/spring-2019-competition	





32 PEARLS DENTAL 8742 3338

CELLARBRATIONS 9749 7078

> CODYS CAFE 8742 3781

HAIR VISION 9741 4439

LIQUORLAND 9742 0257

MANOR CHARCOAL CHICKEN 9741 7294 MANOR FISH AND CHIPS 9742 4266

MANOR LAKES NEWS AND LOTTO 9974 2253

MANOR LAKES PHARMACY SELECT 9731 1700

MANOR LAKES TOP BAKERY

MEDICAL CENTRE 9749 7977

> PIZZA KINGS 9741 4409

RUSSELL FAMILY MEATS 9731 7531

SPARROW EARLY LEARNING CENTRE 9742 5033

TASH X LASER AND COSMETIC 9742 5699

> WYNDHAM REAL ESTATE 9974 2499

> > ZEST OF INDIA 9741 4100

TRADING HOURS

SPECIALTY STORES

Monday - Wednesday 9:00am to 5:30pm

Thursday - Friday 9:00am to 9:00pm

Saturday 9:00am to 5:00pm

Sunday 10:00am to 5:00pm

COLES

Monday - Sunday 7:00AM - 10:00PM

Specialty store trading hours may vary.



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